

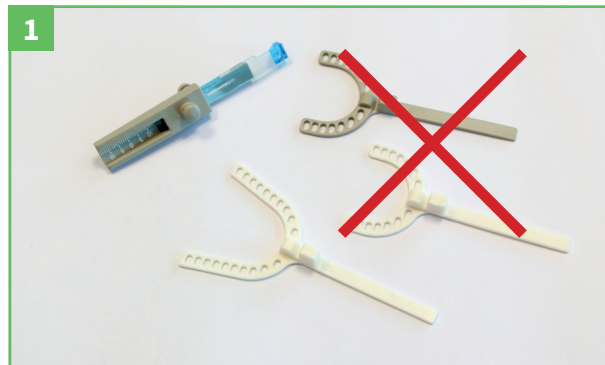


## ***HOW TO REGISTER BITES WITH A BITE FORK***

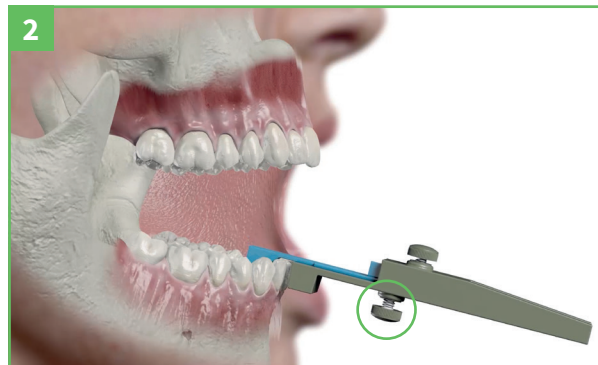
Quick Guide

# HOW TO REGISTER BITES WITH A BITE FORK

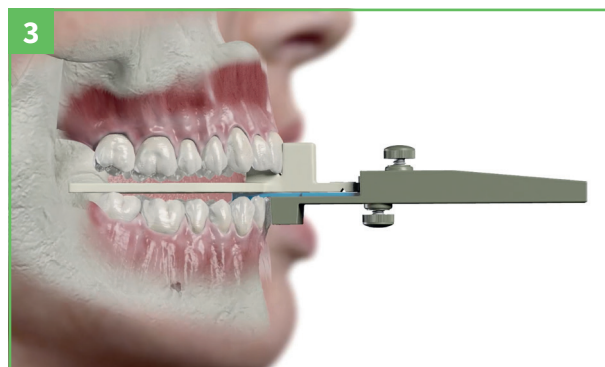
## Quick Guide



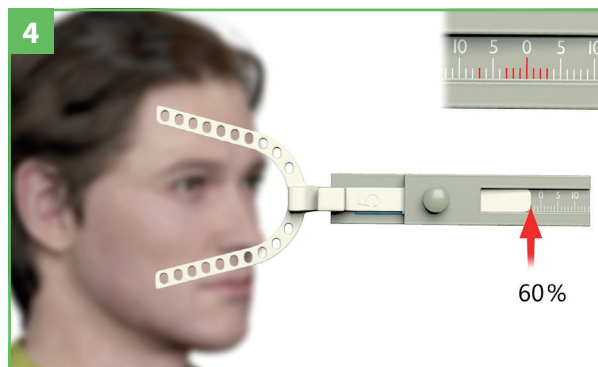
- Please use a bite fork, e.g. the George Gauge™ for measuring and setting the grade of protrusion for the **OPTISLEEP** therapeutic appliance. The minimum clearance is **5 mm**. Therefore please only use the 5 mm bite fork and not the bite forks with 2 mm clearance.



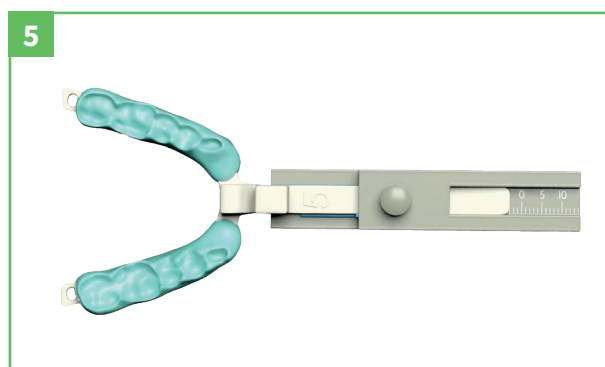
- Loosen the **lower turn screw**.
- Instruct the patient to center his **lower anterior teeth** into the **lower incisor notch**.
- Tighten the lower screw to secure this position.



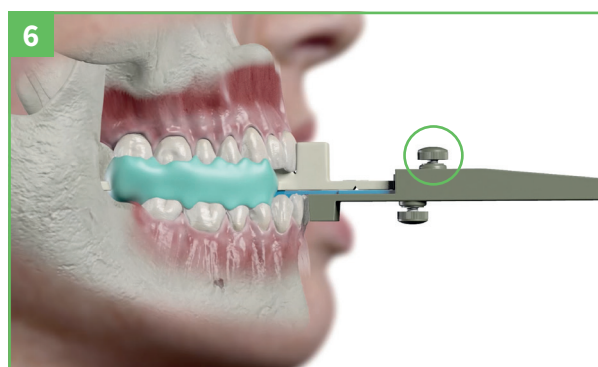
- Insert the bite fork into the gauge's body.
- Return the instrument to the mouth with the **lower incisor notch centered over the lower midline**.
- Let the patient close his teeth into the upper incisor notch with the **midline indicator between the central incisors**.
- Let the patient move his lower jaw forward.



- Determine the therapeutic position. Please refer to the Quick Guides "How to adjust the George Gauge to the treatment position" and the tutorial video "Setting the grade of protrusion" on [www.sicat.com](http://www.sicat.com) for more information.



- Apply bite registration material onto the bite fork's **upper and lower part**.
- Leave the area around the upper and lower jaw incisor notch free.
- **Registration material for the George Gauge:** we suggest Futar Scan, Metal Bite and Flexitime Bite.



- Return the gauge to the patient's mouth with the **lower incisor notch centered over the midline** and have the patient bite into the upper notch. Full occlusal coverage by the bite registration material is essential. Let the material harden.
- Remove the gauge from the patient's mouth. Undo the **upper screw** and remove the bite fork.
- The patient is ready to be scanned in your Sirona 3D scanning unit now.

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