# ORDERING SICAT OPTISLEEP WITH DIGITAL INTRAORAL SCANS

### Step 1: Determining the treatment position

You can use a bite fork, such as the George Gauge, to measure the maximum protrusion of the mandible and determine a treatment position based on this.

## Step 2: Taking digital intraoral scans

Take the following scans with your intraoral scanner:

- Scan of the complete mandible
- Scan of the complete maxilla
- Scan of the buccal bite with bite fork (treatment position) on both sides, provided that the software used allows this

**Note**: The registration material on the bite fork should **not** cover the buccal tooth surfaces so that the scanner software can correctly correlate the bite. If necessary, remove any unwanted or excess material.

### Step 3: Checking the optical scans

Make sure that the optical scans are complete and free of artifacts and have no holes.

**Note**: SICAT requires usable undercut areas to ensure the SICAT OPTISLEEP is held in place. Therefore, be sure to scan the mucosa transitions as well as the complete distal teeth.

#### Step 4: Filling out the order form

Fill out the patient-specific order form, which you can find on the **SICAT homepage** under **Service** > **Downloads** > **Sleep Medicine**.

### Step 5: Place an order in the SICAT Portal

- 1. Open the *https://portal.sicat.com* website in a web browser.
- 2. If you do **not have** a **SICAT Portal account** yet, click on the link **Register as new user** and follow the instructions. If you do already have a **SICAT Portal account**, log in to **SICAT Portal** with your access data.

#### 3. Click File upload on the Dashboard:





MANUFACTURER SICAT GMBH & CO. KG FRIESDORFER STR. 131-135 53175 BONN, GERMANY WWW.SICAT.COM

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DD32QUG013 REVISION: 2023-04-25 PAGE: 1 / 2 4. In the **Type of data** area, under **Information about upload**, select **Other data**:

Information a	bout upload					
ADDITIONAL	DATA FOR AN EXISTING ORD	ER	OPTIGUIDE	CLASSICGUIDE	DIGITAL	GUIDE
	CLINICALASSIST			OTHER DATA		

- 5. Click on Next.
- 6. Be sure to enter the patient's name in the **Additional Information** section under **Notes and comments**:

🖉 Type of data	
2 Additional information	
Notes and comments Notes and remarks on your file upload Your notes and comments to SICAT	ame
OPTISLEEP for patient [First name][Last name]	<u>///.</u>
ВАСК	NEXT

- 7. Click on Next.
- Create a \*zip archive that contains the following files: Digital intraoral scans of the maxilla and mandible in treatment position (.stl files) and digital PDF order form (created individually for each patient). Important note: It is not possible to upload individual files separately. To submit multiple files to SICAT, please create a \*zip archive before uploading.
- 9. In the **File Selection and Upload** section click the **Select File** button to select a \*zip archive on your computer:

3 File selection and Upload	Create a *zip archive contain -Digital intraoral scans	ing:
	-Digital order form	
Select file Please select the file on your computer that we would me to To upload more than one file, please createa *.zip archive.	ipload.	
SELECT FILE Gick the button or drag a file into the Sele	is field ct *zip archive	
	В	ACK UPLOAD NOW

- 10. Click on Upload now.
  - ▶ The information entered and the selected \*zip archive are sent to SICAT.
- 11. Follow the further instructions in the **SICAT Portal** to complete your order.
- You will receive an order confirmation by e-mail and can view your order in the SICAT Portal via Dashboard > My orders.



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